

**D1 FULL TUES** 

**Health&Fitness** How to reach that finish line. Page D4



# LIFE&STYLE

## MEDIA DAY

DVDs, music and games



#### Tuesday's Tunes

Voltaire, Razed in Black and 15 other acts deliver songs inspired by the work of contemporary writer **Nell Gaiman** in "Where's Nell When You Need Him?" Singer/mutti-instrumentalist **Lisa Germano** offers intense confessionals in "In the Maybe World."

The U.K.'s **Ozric Tentacles** merge space-rock and techno in "The Floor's Too Far Away."

Far Away."
Eighties dance-club hits "I Want Candy,"
"C30, C60, C90, Go and "W.O.R.K." are collected on "We Are the "80s: Bow Wow
Wow."
An influential Jamaican dance-hall producer gets his due in "King at the Controls: King, Jammy's Essential Hits
from Reggae's Digital Revolution
(1985-89).

#### Tuesday's DVDs

"Tsotsi," the South African movie that won "Isoda," the South At the Oscar for best-for-eign language film of the year, tells the story of the violent life of a young Johannes burg gang leadner, "Warner Bros. Thures Tough Guys Collection" has films starning James Cagney, George Raft, Jane Bryan, George Ban-croft, Edward G Robins at, In its "Film Notr Clar

Jeunger Fart, Jane Spyan, George Bancroft, Edward & Robinson and Numphrey Bogart. In its "Film Noir Classic Collection, Vol. 3,"
you'll find the likes of Robert Mitchum, Robert
Montgomery and Jane Russell.
HBO's "Carnhelle — The Complete Second'
Seson" was strange and interesting as its
subject matter — a Depression-era camival.
Steven Spieberg was behind "Amazing
Stories — The Complete Rist Season."
The 1985 "An Early Rost" was the first
television dramas to tackle the subject of
AIDS, while "Sybid— 30th Annhesary'
Two-Disc Special Edition," starring Sally
Tield and Joanne Woodward, is the true story
of a woman with 16 different personalities.

## Video gaming

Mortar explosions, overhead aircraft and warning sirens help create the immersive "WWI Combat Iwo Jima." (XB)

trick moves in "NCA Football 2007." (XB360, XB, PSP) Gather the magical knowledge you need in

knowledge you need in "Summon Night: Swordcraft Story." (GB) Satisfy your 4.

Satisfy your thirst for combat as you explore the countryside in "Blade Dancer: Lineage of Light." (PSP)
Experience key moments of the movie "Monster House." (GC, PS2)

- Los Angeles Daily News

## Inside: Of a Certain Age

An opportunity to rejoice as a garden withers in the summer sun, **Page D2** 



## **Coming Wednesday**

Recipes for making the most out of a bountiful harvest in your herb garden, Life Style.

# They just click Needles in hand, new friends fashion a close-knit group

By ROBIN NALEPA

NDER FUNKY paintings with titles like "Red Headed Snake
Woman" and "Woman with Silver
Comb," seven women sit in a loosely
formed circle around three cafe tables.
Yarn from bulging tote bags loops
onto needles held chest high by each
woman. Seven pairs of hands entwine
both needles and yam at varying speeds
and combinations.

Some in fits. Knit, purl. Pause. Knit, purl. Knit, purl.

Others more rhythmically. Knit, knit, knit. Purl. Knit, knit, knit.

Purl.

Into one lap flows the beginnings of a tawny afghan. A green scarf with raised leaves takes shape in another.

The movement stops only when stitches need counting or conversation becomes animated.

"Congratulations," says Michelle Miller Shutt to Giao Wi-lliams, seated two chairs away. "Oh, thank you," Williams

says.
"What's that for?" asks Allison LoCicero, look-ing toward Williams and away from the sweater sleeve she's

ing," replies unc, ing a big smile Knitting s

m expectreplies the petite young woman, flasha big smile.

Knitting stops. Congratulations follow.

Then the rhythm begins again.

Knitt, purl. Talk. Knit, purl. Talk.

And so it goes inside the cool
bricked walls of House Coffee be in
West Columbia, where friends
and friends of friends graber on Saturdays to "Stitch" in
Bitch"—which also is the
group's official name. Knitting stops. Congramman.

Now. Then the rhythm begins again.

Noth part Talk. Knit. part Talk.

And so it goes inside the cool bricked walls of House Coffee in

West Columbia, where friends and friends of friends gather on Saturdays to "Stitch 'n

Bitch"—which also is the group's official name.

Giao Williams, 31, works on a basic scarf during her second visit to the sewing circle.

SEE NEEDLES PAGE D3

LoCicero, 29, a skilled knitter, started the group in January after she unsuccessfully searched the Internet for a local knitters group.

Since then, the group has continued to grow. Miller Shutt, 38, discovered the group when she read LoCicero's blog (Web log), www.frecklesandpurts.com, which is dedicated to knitting.

Williams, 31, had been looking for friends since moving to Columbia from Chicago a year ago. She accompanied another stitcher, Amy Grossberg, 31, to the group on her first visit. And now Williams hopes to be a regular.

Sara Barber of Columbia is an original group member. Barber, 38, has two-children and finds the group an enjoy-children and finds the group and group an

children and finds the group and able escape.

"A toddler and knitting don't go together very well," she says.

Barber stitches rainbow-colored thread into a sweater for her 6-year-old

daughter.
"She jokes that I've been making

"She jokes that I've been maki it since she was 4."

The skill levels of the mem-bers vary. Some glance at pat-terns and memorize their stitches.

Roz McConnaughv. 29. glances at index cards printed with stitching cues to keep her rows



Jennifer Falvey, 41, knits at House Coffee on State Street in West Columbia.



Michelle Miller Shutt, 38, discusses technique and types of yarns.

## Getting the zoo all ready for prime time

F YOU FOLLOW TELEVISION AT all, you know the hottest show going is "Meerkat Manor," Animal Planet's breakout hit. The show details the lives of a meerkat family called the Whiskers, who live in Africa's

Whiskers, who live in Africa's Kalahari Desert.
While piling up rave reviews, the show, which airs Fridays at 8 p.m., has been called a cross between "Wild Kingdom" and "Dynasty" as well as a "soap opera with fur."

Heck, we'd call it a mix of "Survivor" and "The Osbournes" since it focuses on the things the meerkats



of the Town Neil White @thestate.com

eat, their struggles against rival clans, their family bickering, how they look out for one another and even their sexual hookups. At any rate, it has us thinking

about the possibilities for Riverbanks Zoo, especially given that the zoo

already has a couple of Web cams detailing animal activity. For a few years, the focus was on the koalas, but, apparently, their ratings hit the skids—sort of like those of "Joey" (the "Friends" character, not the kangaroo). So the zoo decided to put the spotlight on other animals that didn't sleep all day, starting with the

dunt iseep an day, starting with the penguins.
Zoo director Satch "Palmer"
Krantz conceded the koala cam was "like watching paint dry," although a few dedicated koala watchers howled in protest when the koala cam was

The penguins, however, have been such a huge hit that they have their own Web cam devoted to them, with another camera now in place to showcase the other animals on a

showcase the other animals on a rotating basis for one month at a time.

"We have literally heard from people around the world who have stumbled onto this Web cam," said Krantz, who talked about a letter from a woman in Hawaii who had been awakened from her sleep by the screams of the penguins when she left her computer on one night.

SEE TALK PAGE D3





(From left) Jennifer Falvey, Michelle Miller Shutt, Amy Grossberg and Giao Williams knit and talk at House Coffee in West Columbia.

## **NEEDLES**

FROM PAGE D1

might be silent for 10 minutes," says LoCicero about working on some-thing more intricate. What happened sitte? What happened sitte? You frog it. LoCicero explains, refing to pulling or ripping lose all your work back to the stitch. It could be a loss of minutes — or hour— of work.

"My husband says the only time I curse is when I'm knitting," jokes

Curse is when I'm knitting, 'Jokes Grossberg. All levels and all kinds are wel-come at the group. "We do not discriminate," said LoCicero smiling. A man attended one meeting.

A man attended one meeting. And they even admit non-knitters. "I'm the token crocheter," says Jennifer Palvey, 41. Falvey appears to be enjoying her first outing. She, Barber and McConnaughy chat about men, children and bad behavior. At the other end of the table there is a discussion about pur-

chasing knitted thrift store finds and unraveling them for the yarn. "Good yarn is expensive," says

Grossberg.
The recycled yarn, which could be a good quality wool or cashmere, can then be crafted into a new sweater, Miller Shutt explains.

\*\*Jub like the prevoled yarn, the

can men be craited unto a new sweater, Miller Shutt explains. Much like the recycled yarn, the group is a new twist on the old time sewing circle.

These young women socialize and craft much like their grand-mothers might have. Yet they sip iced mochas in a trendy coffee house while they work yarns pur-chased from online sites into fash-ionable accessories from hip pattern books.

"Sometimes we get strange looks," says LoCkero. "People don't understand."

understand."
"We aren't just making Granny
afghan squares," says one of the
crew. "We're breaking stereotypes."
And with that declaration the
women continue to focus on their

Knit, purl. Talk. Knit, purl. Talk. Reach Nalepa at (803) 771-8654.

## Visit www.frecklesandpurls.com and click on the Stitch 'n Bitch Columbia button.

**GETTING STARTED** "If you build it they will come." That is Allison LoCicero's philosophy on starting a crafting group. LoCicero founded a local group that gathers to knit and socialize. Here are her tips for getting started:

WANT TO JOIN?

- Start with two. Find at least one other person interested in the craft and get started.
- Visibility. Create a Web page about your group that people can find if they search online. Also, request to be added to a Web page that lists similar groups to the one you are starting.
- Open invitation. Network with friends and co-workers. Groups grow as friends of friends join.
- Find a home. Look for a comfortable place to meet, pub-lic or private. Groups could meet in coffee shops, bars or someone's house.
- Set a time. Come up with a schedule that suits most people most of the time.

### HOME THEATER

'Some achieve greatness' ... and some are just goofy fun

By DAVID GERMAIN

The Associated Press

HE'S THE'S

Man's 'Shakespeare gets his latest teen treatment with this ho-hum 
comedy starring 
Amanda Bynes as a 
girl aiming to run with 
the big boys. In this 
variation on the crossdressing comedy 
Twelfth Night, Bynes 
plays a teen who masquerades as her twin 
brother and joins the 
school soccer team, 
complicating her life 
when she also falls for 
the squad's star player 
(Channing Tatum). 
The DVD has nine 
deleted scenes with deleted scenes with commentary from Bynes and others. DVD, \$29.99 (Dream-

## OTHER NEW RELEASES

RELEASES

"ATL" DVD, \$28.98
(Warmer Brox) Des. Picureas Tough Curys
Collection," "Film
Noir Classic Colletion: Vol. 3," "Film
Noir Bringing Darkness to Light":
"Tough Guys" DVD
set, \$59.92; single
DVDs, \$19.97. "Film
Noir DVD set, \$49.92
(Warmer Bross)
"Some Like R Hot":
DVD set, \$24.96
Gony)

DVD set, \$24.96 (Sony)

"Amazing Stories:
The Complete First
Season": DVD set,
\$49.98 (Universal)

"The Incredible Hulk: The
Complete First Season": DVD
set \$20.98 (Injiversal)

Complete First Season": DVD set, \$39.98 (Universal)

"The Adventures of Brisco County Jr.," "Jack of All Trades": "Brisco County" DVD set, \$99.98 (Warner Bros.); "Jack of All

Everybody has a secret... Duke wants Olivia who likes Senastian who is really Viola whose brother is dating Monique so she hates Olivia whose with Duke to make Senastian jealous who is really Viola who's crushing on Duke who thinks shers arm she's a guy...





Trades" DVD set, \$39.98 (Univer

sal)

"Carnivale: The Complete Second Season": DVD set, \$99.98

## **TALK**

FROM PAGE D1 The second Web cam currently stars the zoo's rare white alligator Of course, white alligators are far more interesting than regular old green ones, and definitely more

green ones, and definitely more entertaining than "Gator," the 1976 movie starring Burt Reynolds as an ex-con in South Florida. Krantz admits the white alligator cam isn't exactly thrilling footage either. Krantz looks forward to the months when the

footage either. Krantz looks forward to the months when the cameras try to capture the doings of the more charismatic gorillas, elephants and tigers. He hopes the Web cams will make people want to see the animals in, er, person.

"This is a creative way to see the animals in, er, person.

"This is a creative way to see the animals in experience way to see the animals, he needs more than a couple of Web cams. He needs TV stars like Flower on "Meeriat Manor."

Here's our suggestion. Get the good folks at ETV to build a nightly lineup around the creatures. Not only would these shows liven up (yawn) ETV and build its ratings, but it would give the zoo a nice boost. Just look at this must-see list of shows:

"Zoo Ido?": This could be a singing competition between the vanous birds in the Birdhouse at Riverbanks with a different bird eliminated each week. The celebrity Judges could be Curis'

celebrity judges could be Curtis Wilson, Joe Pinner and Shanai



■ "Lost (at the Zoo)": This one ■"Lost (at the Zoo)": This one could focus on a tour group that mysteriously gets stranded by their bus driver and must learn to survive among the exotic cultures of the various exhibits until they can find a way to be rescued.

■ "Desperate Gorillas": This would

feature the entangled lives of four Western lowlands gorillas living in the suburbs and the romantic and criminal intrigue that surrounds

them. **"CSI: Riverbanks":** Every time an animal dies, there could be an exhaustive investigation by a team

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2800 Devine Street 803-771-7610 an extraordinary quality in women's appa

of animal forensic experts to see whether, indeed, foul play was

whether, indeed, foul play was involved.

In "Two and a Hall Lemmys". This would be a sitsom that would spotlight the antics of a dad and uncle lemm attempting to raise a young lemur.

In "24": Each season would cover the events of a 24-hour period in the action-packed life of zoo director Satch Krantz.

These shows definitely would beat any old Web cam. And they'd blast "Meerkat Manor" right out of the ratings.

## ADVERTISEMENT

## ADVERTISEMENT

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